

## British Shooting & CPSA Accredited Coaches

### Introduction

With the introduction of Accredited Coaches, British Shooting and the CPSA have created an athlete development system that offers a seamless transition from first shots to shooting for Great Britain in the Olympic shotgun disciplines. The key to achieving this goal is to have great coaches collaborating with athletes at the very start of their journey. The aim is to help the early development of sound shooting technique and to ensure that athletes are aware of the opportunities available to them as they travel through their development journey.

### Coaches

To achieve this, we are looking for high quality coaches, knowledgeable about all disciplines, who are willing to inspire the next generation of shooting athletes. Therefore, applications for the role of British Shooting/CPSA accredited coach are limited to CPSA Level 3 coaches.

### Locations

Our aim is to have at least one coach in each CPSA region.

### Concept outline

The concept of the British Shooting Accredited Coach scheme is to provide a network of coaches who can introduce people to the sport of shotgun shooting and start them on their development journey. The scheme's guarantee is that Accredited coaches work to British Shooting and the CPSA values and standards and deliver coaching at the highest standards.

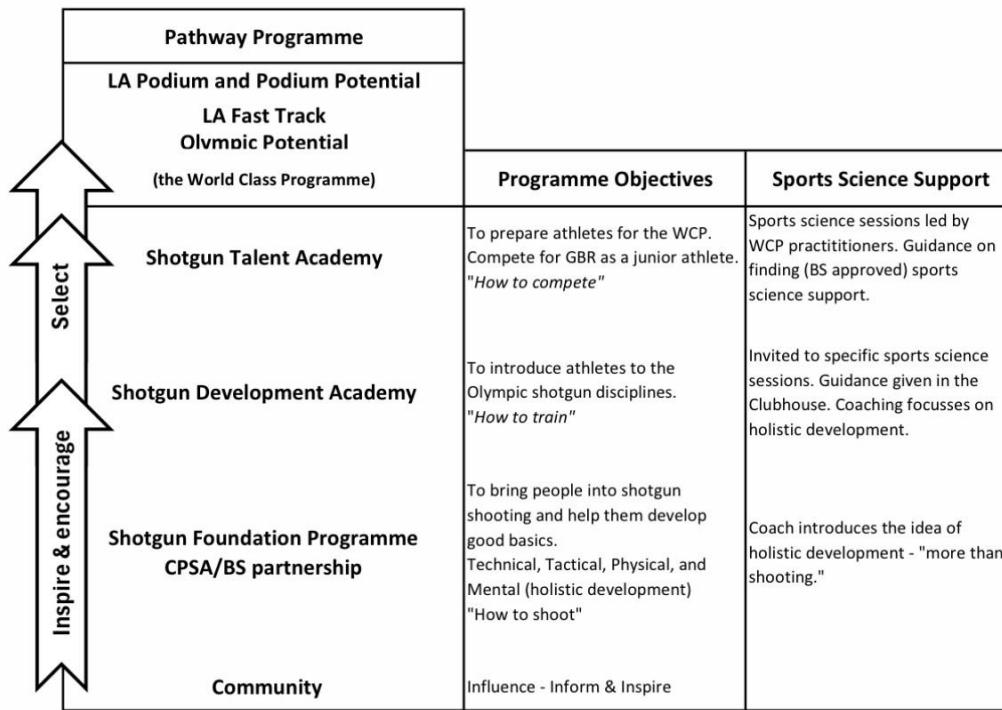
Within this concept, the aim of an Accredited coach will be to help athletes gain the skills and competences needed to develop as a shotgun athlete in any discipline. Learning to do the basics well is fundamental to long-term development and achieving success at the highest level.

### Potential athletes

Potential athletes who approach British Shooting will be asked to contact the nearest Accredited British Shooting coach. It will be up to the Accredited coach to assess the potential athlete's requirements and propose a suitable development plan.

### British Shooting Pathway Structure

The Pathway structure is designed to support every stage of development journey from first shots to competing for Great Britain. The goals are shown in the structure diagram.



The aim of the Foundation Programme is to help people develop the skills they will need to start in the Olympic shotgun disciplines. The content of the programme will be decided by the coach based on the needs of the individual athlete.

### **Foundation Programme outcomes**

As the starting point will be different for each athlete entering the Foundation Programme there is no set syllabus. However, the outcomes of the Foundation Programme are shown in the Athlete Coach Framework (ACF). The ACF, which will be given to you on starting the role, is a guide for coaches to use to help them develop a suitable training plan for the athlete they are working with. The Athlete & Coach Framework gives detailed information on the skills and behaviours required by World class athletes. As such, the framework can be used to build athlete development plans based on their individuals needs following an athlete profile analysis.

### **Where can an Accredited coach work?**

When working in the role of an Accredited Coach, all range work must be conducted at a CPSA registered shooting ground. This is to ensure that we have a safe place to work. We must always have safe place (Registered shooting ground), safe person (the coach), and safe practice (CPSA endorsed way of working).

## **What are the costs and how do athletes pay for programme?**

Athletes will pay the Accredited Coach directly. The coaching fee is to be set by the Accredited Coach. Coaching fees should be reasonable and proportionate to the services provided.

## **How are athletes recruited?**

British Shooting will coordinate the launch of the scheme and place adverts on social media and NGB websites to help coaches recruit athletes. In addition, British Shooting and the CPSA will conduct a yearly campaign to highlight the Accredited Coach scheme. Accredited Coaches are also encouraged recruit athletes that come to them through their normal business.

## **How are coaches selected?**

CPSA Level 3 coaches are encouraged to apply to become an Accredited Coach. Prospective coaches are asked to apply through the British Shooting Pathway and Community Coordinator. Coaches meeting the Accredited Coach requirements will be invited to attend an induction session at the end of which coaches will be appointed. The CPSA Coaching Committee will be the appeals panel for any appointment issues or questions.

## **How will Accredited Coaches develop?**

Accredited Coaches will be encouraged to join the British Shooting coaching community and be eligible to join in British Shooting coach development events.

## **Can an Accredited Coach work in other areas of the Pathway?**

Accredited Coaches with the relevant coaching experience and experience of the Olympic disciplines will be encouraged to become Development Academy coaches. Coaches wishing to develop will be given every encouragement and, where possible, opportunity to gain relevant experience.

## **How will an Accredited Coach be recognised by British Shooting?**

Accredited coaches will, as part of the British Shooting system, be entitled to the following:

- Wear British Shooting Pathway coach kit.
- Coach profiles on the CPSA website will show that they are an accredited coach.
- Coaches will be able to display the British Shooting logo on their coaching email and social media accounts.

## **How long will a coach be accredited for?**

Coaches will be accredited for a one-year period. The yearly reaccreditation will be to:

- Confirm that the coach is a Level 3 CPSA coach and has CPSA coach insurance.

- Update, if necessary, safeguarding training and a current DBS certificate.

A letter of accreditation will be issued at the start of each engagement period.

### **What is expected of an Accredited Coach?**

Accredited coaches must sign the British Shooting code of conduct. This will require coaches to follow the British Shooting values, policies, and adhere to the requirements given in the Accredited Coach agreement. Safeguarding requirements are:

- Coaches must be DBS checked – this will be done by British Shooting or the CPSA.
- Coaches must complete safeguarding training as outlined in the Accredited Coach agreement.

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